

Special Considerations for Other Piercings

ORAL PIERCINGS require rinsing of the mouth after eating, drinking, etc. Rinsing should be done using distilled H2O and non-iodized sea salt. See recipe mentioned earlier. Rinse for 30 seconds when needed for the first 4 weeks of healing.

TONGUE PIERCINGS are prone to swelling so please, immediately after piercing, begin a regime of swelling reduction. To do so, one must either suck on or consume ice water once every few hours. Ice should not be used continuously as it will just freeze the tongue. Other suggestions for swelling reduction are as follows:

- consuming pineapple, mango, or papaya juice
- consuming chamomile or lavender tea

NOTE:

Most oral piercings do need the jewelry downsized within 3-4 weeks to reduce the risk of oral damage.

GENITAL PIERCINGS do require you to abstain from sexual contact for a minimum of 3-4 weeks. Also, even if in a strictly monogamous relationship, we do stress the importance of utilizing safe sex precautions until you are certain the piercing is fully healed.

DERMAL ANCHORS - It is wise to keep your new anchor bandaged when sleeping or in active situations, particularly for the first month. Small round band-aids can be found in most pharmacies. **HOT SOAKS ARE INVALUABLE FOR ANCHORS AND ARE HIGHLY RECOMMENDED.**

Your new _____ piercing
will take approximately _____ months
to heal.

Piercer: _____

Date: _____

Earliest date for downsize (if required):

Earliest date for jewelry change:

Should you have any questions or concerns
please contact us at:

The FALL
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